

APPROVED: Signature On File In EMS Office
 Executive Director

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 Medical Director

EFFECTIVE DATE: 4/15/2016
 SUPERCEDES: _____

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PEDIATRIC PAIN MANAGEMENT

- I. AUTHORITY: Health and Safety Code, Division 2.5, California Code of Regulations, Title 22, Division 9
- II. PURPOSE: To serve as the treatment standard for EMTs, AEMTs and Paramedics within their scope of practice.
- III. PROTOCOL: Every child deserves to have their pain managed, but not necessarily treated with opioids. Consider reassurance, position of comfort, ice or heat, and gentle transport. Prevent separation anxiety in infants and children, by co-transporting parents, when possible. Maintain eye contact and be truthful about painful procedures. Acknowledge the child's fears and allow crying. Privacy and separation from parents may benefit adolescents. Maintain modesty for all children. Do not attempt to completely relieve the patient's pain, but treat aggressively enough to make it bearable.

STANDING ORDERS

ASSESS	CAB
OXYGEN	Oxygen delivery as appropriate.
MONITOR	Treat rhythm as appropriate.
IV/IO ACCESS	TKO
MORPHINE	0.1 mg/kg slow IV/IO/IM push (if systolic BP above length based tape target) IV doses may be repeated once. Do not exceed 10mg total. IM doses may not be repeated.
FENTANYL	1.5 mcg/kg (maximum 75 mcg) IN. Repeat doses every 10 minutes as needed. 1 mcg/kg slow IV/IO push (maximum 100 mcg) (if systolic BP above length based tape target). Repeat doses of 0.5 mcg/kg slow IV/IO push (maximum 50 mcg) may be given as needed at 5 minute increments. May give 1 mcg/kg IM (maximum 100mcg) if no IV/IO access ONCE . Consider IN route instead. MAXIMUM TOTAL OPIOID DOSE IS 10 MG MORPHINE EQUIVALENT (10 mg Morphine = 100 mcg Fentanyl) Morphine is BETTER for <u>Visceral</u> pain; Fentanyl for <u>Somatic</u> pain (try to use them this way if BOTH are carried)

BASE PHYSICIAN ORDERS

MORPHINE	Additional Opioid Above 10mg Morphine Equivalent per Base Physician order. Base Physician Order required to switch between Morphine and Fentanyl in the same patient.
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This is the official pain scale to be used in patient assessment and documented on the PCR. Document a minimum of two pain scales (initial and on arrival at hospital).

