POLICY: 554.89

TITLE: Tranexamic Acid (TXA) Administration

EFFECTIVE: 6/1/2020 REVIEW: 6/2025

SUPERCEDES:

## APPROVAL SIGNATURES ON FILE IN EMS OFFICE

PAGE: 1 of 2

# TRANEXAMIC ACID (TXA) ADMINISTRATION

I. <u>AUTHORITY</u> California Health and Safety Code, Division 2.5 EMS, Sections 1797.220 and 1797.221

# II DEFINITIONS

Tranexamic Acid (TXA) is a Lysine analogue that works to inhibit the formation of plasmin, which is a molecule responsible for clot degradation. It therefore stabilizes clots and slows down bleeding. It has recently been shown in multiple studies to reduce mortality in trauma patients meeting specific physiologic criteria or who have signs of massive trauma.

# III <u>PURPOSE</u>

To serve as a patient treatment standard for Paramedics within their scope of practice

#### IV. POLICY

Within 3 hours of a traumatic event, the prehospital use of TXA should be considered for all blunt or penetrating trauma to the trunk (thorax, abdomen, or back) in patients 15 years of age or older with one or more systolic blood pressure readings less than 90 mmHg.

### **Contraindications:**

- Any patient <15 years of age
- Any patient more than 3 hours post injury
- Documented cervical cord injury with motor deficits
- Isolated traumatic brain injury
- Thromboembolic event (i.e. stroke, MI, PE, DVT) in the past 24 hours
- Traumatic arrest with greater than 5 minutes of CPR without ROSC

GENERAL ASSESMENT: CAB

OXYGEN: Oxygen delivery as appropriate to maintain O2 saturation 92-98%

**MONITOR** 

PULSE OXIMETRY

IV/IO ACCESS Preferably 16-18-gauge access

TXA Administer 1 gram in 100ml of NS over 10 minutes (**DO NOT ADMINSTER** 

**IV PUSH: This will cause hypotension**) no repeat dose allowed. If IO route,

deliver under pressure.

TXA BAND Place appropriate band on patient identifying the administration of TXA

REASSESS Assess and document vital signs every five minutes for duration of transport