

# POLICIES AND PROCEDURES

POLICY: 552.57

TITLE: Air Ambulance Provider Optional Scope of Practice – Pediatric Intubation

EFFECTIVE: 07/01/2019 REVIEW: 07/2024

SUPERCEDES:

## APPROVAL SIGNATURES ON FILE IN EMS OFFICE

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## Air Ambulance Provider Optional Scope of Practice – Pediatric Intubation

I. <u>AUTHORITY</u>

Health and Safety Code, Division 2.5, California Code of Regulations, Title 22, Division 9

II. PURPOSE

To serve as a patient treatment standard for Air Ambulance Provider Paramedics.

III. POLICY

#### DO NOT MISS

- Only Qualified paramedics meeting the requirements for this optional scope under the definitions may utilize this protocol
- Preparation
  - O Ensure equipment is ready and functioning including suction
  - Maintain oxygenation during the apneic period of intubation utilizing High Flow Nasal Cannula O<sub>2</sub> at 1 liter/kg, max-15 liters prior to initiating the procedure
  - Establish an open airway place as needed an NPA for conscious patients and/or OPA for unconscious patients
  - O Place a nasogastric or orogastric tube as needed
  - O Establish a contingency plan if intubation is unsuccessful

#### **POLICY:**

- **1. Function:** To secure a pediatric airway with orotracheal intubation when indicated.
- 2. Circumstances under which Paramedics under optional scope may perform function:
  - A. Setting: Qualified Transport Program Paramedic with Qualified Transport Program Nurse
- 3. Indications:
  - A. Respiratory failure (e.g., apnea or hypoventilation)
  - B. Hypoxia despite supplemental oxygen
  - C. Combative with traumatic brain injury and GCS  $\leq 8$

- D. Inability to protect airway
- E. Anticipated imminent airway failure

## 4. Contraindications:

- A. Complete airway obstruction (utilize obstructed airway policy)
- B. Complete distortion of oropharyngeal anatomy such as landmarks for performing intubation are not present

#### 5. Cautions

- A. Predicted difficult airway
- B. Adequate/functioning less invasive device in place (and no need for definitive airway protection)

#### **6.** Size Selection:

- A. Utilize a length or weight-based tape or application to select ETT size. Have a ½ size larger and smaller ETT also ready. Cuffed tubes are preferred excluding neonates.
- B. Confirm laryngoscope size with a length or weight-based tape or application. A Miller (straight) blade may be required for smaller patients and video laryngoscopy (VL) should be utilized whenever possible.

# 7. Equipment:

- A. PPE
- B. Monitors
- C. Premedication's (including high flow nasal canula O<sub>2</sub> per protocol)
- D. Appropriate RSI Medications given Age/Weight/Diagnosis
- E. Suction
- F. Endotracheal tubes (Note: deflate the cuff prior to insertion)
- G. Intubating Stylet (Pediatric Bougie)
- H. Laryngoscope
- I. Lubricant
- J. SGA backup
- K. BVM
- L. Securing device
- M. Confirmation devices including capnography
- N. Postintubation medications

### 8. Procedure:

- A. Pre-oxygenate using a non-rebreather mask or BVM with a FiO2 of 100% for at least 2-3 minutes; or 8 vital capacity breaths if patient is able.
  - 1) If pulse oximetry of less than 95%, initiate ventilatory assistance with a BVM.
  - 2) When using a BVM during pre-oxygenation, ventilate at a rate only to maintain oxygen saturation at 95%, and avoid hyperventilation.
  - 3) Utilize passive oxygenation via NC at 1liter/kg/min up to max 15 liters/min during apnea and intubation attempts

- B. Position patient. Apply in-line cervical spine stabilization (not traction) if indicated or sniffing if allowable.
- C. Consider fluid bolus 20ml/kg if hypovolemic, asthmatic, COPD, or in shock.
- D. D. TIME OUT !!!!!! TIME OUT !!!!!! TIME OUT !!!!

#### **Ensure:**

- All equipment is ready
- All practitioners are ready
- What is the next step if this step fails
- At what point will we stop and BVM the patient
- If any questions remain regarding readiness, do not proceed until everyone and everything is ready
- E. Administer premedication as indicated, 3-5 minutes prior if possible.
  - RSI medications: etomidate (0.3 mg/kg IV) or ketamine (2 mg/kg slow IV push over 2 minutes), then rocuronium (1mg/kg IV) allow 60 seconds before placing laryngoscope).
- F. Position head appropriately given age and diagnosis (no extension in trauma)
- G. Suction oropharynx as required.
- H. Perform intubation, preferable with VL (DL and/or bougie if indicated)
  - 1) Do not "lever" the blade
  - 2) Visualize of the epiglottis/cords
  - 3) Pass the ETT to appropriate depth note "tip to lip"
  - 4) Fill the cuff Do not overfill!
  - 5) Verify placement of endotracheal intubation using a minimum of 4 methods:
    - Equal lung sounds bilaterally, chest rise and fall
    - Mist present in ETT with exhalation
    - Presence of ETCO<sub>2</sub> wave form (ETCO<sub>2</sub> capnography is the standard however in rare circumstances where ETCO<sub>2</sub> not available may use appropriate color change on colorimetric ETCO<sub>2</sub> device.
    - Normal SpO<sub>2</sub> reading
  - 6) Secure the ETT with tape or a compatible commercial device.
  - 7) Monitor placement continuously:
    - Monitor ETCO<sub>2</sub> and SpO<sub>2</sub> continuously.
    - Reconfirm placement using a minimum of 4 methods (chest rise, lung sounds, appropriate ETCO<sub>2</sub> reading, appropriate SpO<sub>2</sub> reading, mist in tube, tube depth based @ lip line) after every patient move
  - 8) To facilitate ventilation and avoid regurgitation, place an OG or NG tube
  - 9) Perform post-intubation management
- I. Document full procedure note

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- 1) Procedural Time Out
- 2) Appropriate times for intubation
- 3) DL and ETT size and depth
- 4) Document frequency of assisted ventilations and patient's respiratory rate (will be the same or higher if over-breathing).
- 5) Document VS, SpO2, ETCO2 and ETT placement confirmation at transfer of care.